

KCC, Prayer Practicum, Part Two
Growing a Relationship with the Word: Slow Study
Worksheet

Matthew 26:36–38 Small Group Study

Then Jesus went with his disciples to a place called Gethsemane, and he said to them, “Sit here while I go over there and pray.” He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful [λυπέομαι (*lypeomai*)] and troubled [ἀδημονέω (*adēmoneō*)]. Then he said to them, “My soul [ψυχή (*psychē*)] is overwhelmed with sorrow [περίλυπος (*perilypos*)] to the point of death [θάνατος (*thanatos*)]. Stay here and keep watch with me.” Going a little farther, he fell with his face to the ground and prayed, “My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will.”

WHO –

said WHAT –

to WHOM –

WHEN –

WHERE –

HOW –

WHY –

For Personal Reflection

- 1 :: Ask God for the strength to be honest with yourself and with Him.
- 2 :: Think about the cups you'd rather not drink.
- 3 :: Below, write down what you feel AND what you believe.

I feel	I believe

For Group Discussion

- 1 :: What one thought or principle stands out to you from today's message?
- 2 :: In your culture growing up, how free did you feel to live happy and sad equally with Jesus?
- 3 :: What difference could it make in your future if you truly believed that God loves you as much when you are sad as when you are happy?
- 4 :: In groups of 2-3, share one prayer request and pray for one another.